## All Things Nice Breakfast Served until 11.30am

Full English - £8
Butcher Sausage, Bacon, Fried Free-Range Egg,
Mushrooms, Beans & White/Brown Toast

Kids Mini Breakfast - £4 Choose 3 breakfast items (Excl Salmon) Toast & Squash

Veggie Breakfast - £8

Scrambled Eggs, Mushrooms, Beans,

Tomatoes, Avocado, Spinach & White/Brown Toast

(Can be made Vegan using hummus and dairy-free spread)

Eggs, as you like them, on White/Brown Toast- £5

Cheese & Marmite Toastie - £4.00

Smashed Avocado on Sour Dough - £6

Bacon or Sausage Baguette – £3.75 Bacon Roll - £3.00 Extras:

Bacon, Sausage Or Avocado - £1.50

Mushrooms Or Egg - £1.20 Heinz Beans Or Tomatoes – 80p Smoked Salmon - £3

Granola with Strawberries, Blueberries & Yoghurt - £4.00

Porridge with Honey Or Banana - £3.75 Add Berries & seeds – 80p

3 American Style Pancakes - £4.00 with Chocolate, Caramel Sauce Or Bananas & Cream

Baked Goods- £2 each Toasted Teacake & Pastries, Brown or White Toast with Butter, Jam Or Marmalade Nicci & Sara are passionate about real food & use fresh local ingredients wherever possible & cook meals to order.

Our Coronation Marie-Rose & Tuna Mayonnaise are made in house.

If as a table you order lots of different alternatives it may take a little longer to put together.

Meats are from Kenneth Eve Butchers.

Free-range Eggs and Cheeses from Orchard Farms.

Milk from Orchard Farms & The Co-op.

Veg from Hilliards.

Breads from The Chalet Bakery.

We use real butter.

Gluten free & Dairy free options are available.

We cannot guarantee an allergy free environment however we will always do what we can to accommodate your needs. Please make us aware if you have any allergies.

#### All Things Nice Lunch Served 11:30-4pm

# Sandwiches on White Bloomer or Granary Bread White Baguettes extra 50p

Mature Cheddar with Red Onion Marmalade & Salad – £4.50

Free-range Egg Mayonnaise with Rocket – £5

Hummus, Grated Carrot, Tomato & Fresh Leaves – £5

Baked Ham, Salad & Mayonnaise – £5

Tuna Mayonnaise & Cucumber £5.50

Any of the above can be made into a salad - £7

Sliced Chicken with Fresh Leaves & Caesar Dressing – £5.50

Homemade Coronation Chicken & Green Leaves- £5.50

Prawns with homemade Marie-Rose Sauce & Salad – £6.50

Roasted Vegetables, Hummus & Seeds on Sour Dough – £7

Sliced Sirloin Steak Baguette, Red Onion Marmalade, Green Leaves & Tomato - £6.50

Homemade Soup of the Day – £4.50 Served with choice of bread & butter (Our soups are made without the use of oil, are gluten & dairy free & made using organic vegetable stock)

Homemade Quiche of the Day served with Salad - £7 Superfood Salad – £9
Fresh Leaves, Tomatoes, Cucumber, Grated Carrot, Avocado,
Sweet Peppers, Berries & Omega Seed Mix Seasoned with
Lemon Juice
With choice of Chicken, Boiled Egg Or Mozzarella & Pesto

#### **Toasted Sandwiches & Paninis**

Bacon, Lettuce & Tomato- £4

ATN Club - 3 pieces of Toasted Bread with Chicken, Bacon Cheese, Green Leaves and Mayonnaise - £6.50

Goats Cheese, Red Onion Marmalade & Rocket- £5.75

Chicken, Chorizo & Cheese- £5.75

Buffalo Mozzarella, Sun-dried Tomato & Pesto- £5.75 - Add chicken + 80p

Brie with Red Onion Marmalade Or Cranberry Sauce- £5.75

- Add Bacon + 80p

Baked Potatoes with Salad – £7 Coronation Chicken Tuna Mayo Cheese & Beans Sweet Peppers & Hummus

#### Kids Mini Meal -£3.50

Ham, Jam, Cheese or Tuna sandwich with Cucumber slices Squash & Pack of biscuits Or piece of fruit

### Drinks

Hot Drinks	Regular	Large
Espresso	£1.80	£2.40
Espresso Macchiato	£2.00	£2.60
Americano	£2.20	£2.80
Cappuccino/Latte	£2.40	£3.00
Flat White	£2.40	
Extra Coffee shot	.60	
Chai Latte	£2.40	£3.00
Pot of Tea for 1	£2.20	
Pot of Tea for 2	£4.00	
Herbal Tea Selection	£2.50	
Camomile, Green, Peppermint, Rooibos, Earl Grey, Berry		
Hot Chocolate	£2.50	£3.00
Hot Chocolate deluxe Cream &	Marshmallows	5
	£3.00	£3.50
Syrups or extra Coffee Shot	.50	
Soya/Coconut/Almond	.30	
Cold Drinks		
Coffee or Chocolate Frappe		£3.50
San Pellegrino – Orange, Lemo	n, Grapefruit	£2.00
Bottled Elderflower, Raspberry Lemonade, Ginger Beer		
	·	£2.50
Mineral Water		£1.50
Coke/Diet coke		£1.50
Kids Pip Organic Juices		£1.60

#### Smoothies £3.80

Freshly frozen fruit & veg blended with a little apple juice making a low -calorie refreshing smoothie

#### **Detox Zing**

Blueberry, Banana, Ginger, Carrot Courgette

#### Kale Kick

Mango, Spinach, Kale

#### Melon Refresher

Melon Strawberry Mango

#### Pash n Shoot

Passionfruit, Pineapple, Mango

#### Berry go Round

Strawberry, Blackberry & Raspberry

#### Milkshakes £3.00

Our Milkshakes are made with a large scoop of ice-cream, a shot of flavoured syrup & topped with cream & sprinkles

Vanilla

Strawberry

Chocolate

Banana

Caramel

Cherry

Mint

Coconut

Cinnamon

Lime

Hazelnut

Gingerbread