

# Lunch

## *Sandwiches, Rolls, Baguettes*

*\* - all served with garnish*

**Mature Cheddar topped with Onion relish & salad - £4.50**

**Tuna mixed with Mayonnaise with sliced Cucumber - £5.00**

**Free-range Egg Mayonnaise & Tomato - £4.50**

**Honey Baked Ham with Mayonnaise & salad - £5.00**

**Prawns with Marie Rose sauce & salad - £6.00**

**Sliced Chicken, Caesar dressing & fresh green salad - £5.00**

**Homous with grated Carrot, Tomato & salad leaves - £4.50**

**Coronation chicken with fresh mixed salad - £5.00**

*\* For GF bread add 80p*

## *Baked Potato & Salad*

**Coronation Chicken - £6.00**

**Tuna & Mayonnaise - £6.00**

**Cheese & Bacon - £6.00**

**Beans & Cheese - £6.00**

**Butter - £5.00**

## *Super Food Salad*

**Carrots, Leaves, Tomatoes, Cucumber, Berries, Seeds, Seasoned with Lemon Juice - £8.00**

**Choice of Chicken, Bacon, Boiled Egg, Mozzarella & Pesto, or Goats Cheese**

## *Panini's & Toasted Sandwiches*

**BLT Toasted Sandwich - £4.50**

**Tuna, Mayonnaise & Cheese - £5.25**

**Goats Cheese with Onion Relish & Rocket - £5.25**

**Brie with Onion Relish or Cranberry - £5.25 add Bacon +80p**

**Chicken & Chorizo with Cheese - £5.25**

**Buffalo Mozzarella, Sun Dried Tomatoes & Pesto - £5.25 add Chicken +80p**

**ATN Club - 3 Toasted Bread, Chicken, Bacon & Cheese - £6.00**

**Sliced Sirloin Steak Baguette with Onion Relish & Salad - £6.00**

*For GF bread add 80p*

*Any of the above as a large salad -£7.00*

## *Soup of The Day*

**with Bread & Butter - £4.00**

## *Quiche of The Day*

**with salad - £6.50**

## *Mini Folk*

**Mini Tuna, Cheese, Jam or Ham sandwich with Cucumber slices, squash, fruit or a cookie - £3.50**

Please be aware that all our food is freshly made and cooked to order in our kitchen and we are unable to guarantee an allergy-free environment. Please ask about gluten-free, veggie and dairy free options. We are happy to make something bespoke for you, just ask one of our friendly team.